

# SUMMER CAMP

23rd - 26th AUG 2023

11:00 am Start



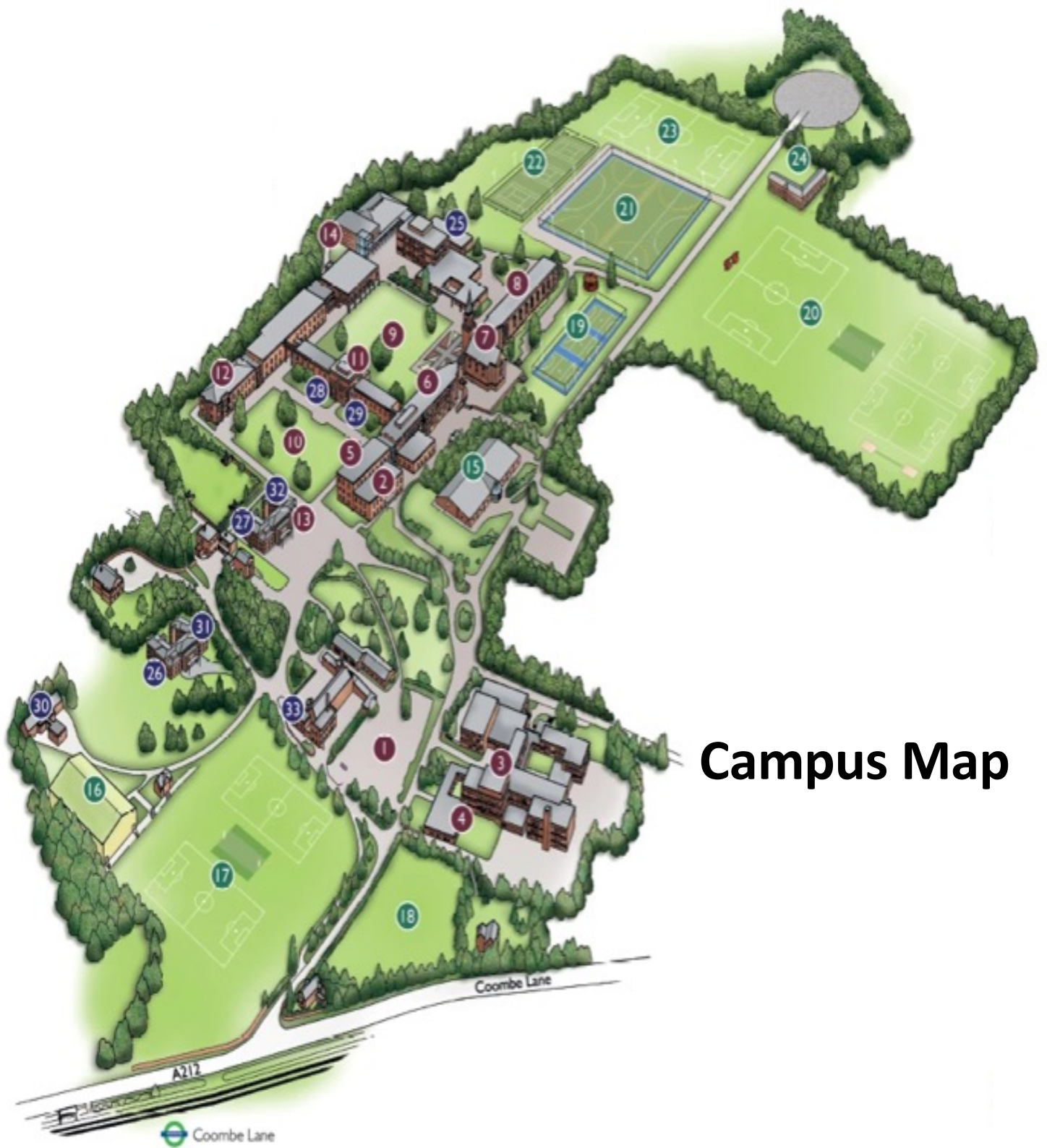
Adults £230 / Cadets £210 / Juniors £200

## LOCATION

Royal Russell School  
Combe Lane, Croydon  
Surrey, CR9 5BX

[www.gbkyokushinkai.com](http://www.gbkyokushinkai.com)





## Campus Map

- |                                      |                           |
|--------------------------------------|---------------------------|
| 1. Car Park                          | 17. Top Pitch             |
| 26. Cambridge - Male Accommodation   | 18. The Paddock           |
| 31. Oxford - Male Accommodation      | 19. Netball/Tennis Courts |
| 27. Hollenden – Female Accommodation | 20. North Pitch           |
| 32. Queen’s – Female Accommodation   | 21. Astro turf Pitch      |
| 6. Dining Hall                       | 22. Multi Use Game Area   |
| 15. Swimming Pool                    | 23. West Pitch            |
| 16. Sports Hall                      | 24. Pavilion              |



**British Karate Kyokushinkai**  
**SUMMER CAMP 2023**  
**Royal Russell School, Coombe Lane, Croydon CR9 5BX**

**Timetable / Itinerary**

**Wednesday 23rd August**

9am - 10am - Check In

11am - 12.30 - All Students – Instructors Shihan Janine Davies/ Shihan Chris Seal/ Sensei Kenny Jarvis/ Shihan Wai Cheung/ Senpai Leon Lund Regan

13.00 - 14.00 Lunch  
13.30 - 14.30 Check in

15.30 - 17.30 Juniors - Shihan Wai Cheung / Senpai Leon Lund Regan  
15.30 - 17.30 Seniors - Shihan Janine Davies / Shihan Chris Seal/ Sensei Kenny Jarvis

18.00 - 19.00 Dinner

**Thursday 24th August**

6.30 - 7.30 Juniors - Shihan Wai Cheung / Senpai Leon Lund Regan  
6.30 - 7.30 Seniors - Shihan David Pickthall/ Shihan Janine Davies/ Shihan Chris Seal/ Sensei Kenny Jarvis

8.00 - 9.00 Breakfast

11.00 - 12.30 Juniors - Shihan Wai Cheung / Senpai Leon Lund Regan  
11.00 - 12.30 Seniors - Shihan David Pickthall / Shihan Janine Davies/ Shihan Chris Seal/ Sensei Kenny Jarvis

13.00 - 14.00 Lunch

15.30 - 17.30 Juniors – Shihan Wai Cheung / Senpai Leon Lund Regan  
15.30 - 17.30 Seniors - Shihan David Pickthall / Shihan Janine Davies/ Shihan Chris Seal/ Sensei Kenny Jarvis

18.00 - 19.00 Dinner

**Friday 25th August**

6.30 - 7.30 Juniors - Shihan Wai Cheung / Senpai Leon Lund Regan  
6.30 - 7.30 Seniors - Shihan David Pickthall / Shihan Janine Davies / Shihan Chris Seal/ Sensei Kenny Jarvis

8.00 - 9.00 Breakfast

11.00 - 12.30 Juniors - Shihan Wai Cheung / Senpai Leon Lund Regan  
11.00 - 12.30 Seniors - Shihan David Pickthall / Shihan Janine Davies/ Shihan Chris Seal/ Sensei Kenny Jarvis

13.00 - 14.00 Lunch

15.00 - 17.30 Juniors - Shihan Wai Cheung / Senpai Leon Lund Regan  
15.00 - 17.30 Seniors - Shihan David Pickthall / Shihan Janine Davies/ Shihan Chris Seal / Sensei Kenny Jarvis

18.00 - 19.00 Dinner

Sayanora Party

**Saturday 26th August:**

8.00 - 9.00 Breakfast

Depart



# IFK Dan Grading



Wednesday 23<sup>rd</sup> August 2023

- Grading Technical Assessment 10.30-12.30
- Grading Technical Assessment 15.00-17.30

Friday 25<sup>th</sup> August 2023

- Grading Kumite Test 15.00-17.30

All applications must be sent to the Grading Examiner Shihan Liam Keaveney by 7<sup>th</sup> August. International Applications must have a covering letter of authority by your Country Representative.

Students wishing to grade for 2<sup>nd</sup> Kyu and 1<sup>st</sup> Kyu may test with the written permission of their dojo operator.

Email : [wtkeaveney@gmail.com](mailto:wtkeaveney@gmail.com)



# FACILITIES



Royal Russell School facilities are set in 110 acres of stunning woodland in the South Croydon area of Surrey.

We offer free parking on site (limited spaces).

Some of the great sports facilities available at Royal Russell are two full size outdoor grass training fields, two sports halls and a large dining hall.

The Sports Hall measures (approx):- Length – 32m Width – 26m Height - 9m



The Small Sports Hall measures (approx):- Length – 20m  
Width – 9m Height – 7m



There is a 25m Indoor swimming pool





## Dining Facilities



Food is provided from Wednesday lunchtime with three meals per day. There is an excellent menu and people with special dietary requirements are catered for on request. This information must be provided when booking a space on the camp.

## Costs

- Adults £230 Full Board
- U18 £210 Full Board
- U16 £200 Full Board (minimum age 10 years old)

**SPECIAL OFFER A £10 DISCOUNT ON ALL BOOKINGS  
MADE BEFORE 1<sup>ST</sup> JUNE 2023**

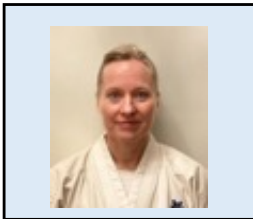
- For Day rates email: [gareth.m.jones1984@gmail.com](mailto:gareth.m.jones1984@gmail.com)



# Instructors



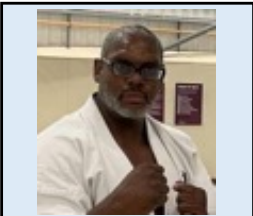
Shihan David Pickthall (7<sup>th</sup> Dan))  
President of the IFK and BKK



Shihan Janine Davies (6<sup>th</sup> Dan)  
Chief of IFK Kata ,Chief of BKK Kata , Multi-time British Kata  
Champion, European Kata Champion and placed in the  
World Championships



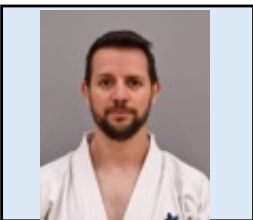
Shihan Chris Seal (5<sup>th</sup> Dan)  
Two-time British Knockdown Champion, Canadian and  
Diamond Cup Champion. Chief Instructor at Hastings and  
Bexhill Dojo.



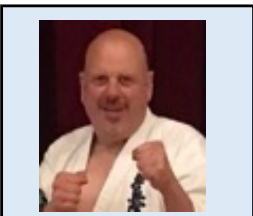
Sensei Kenny Jarvis (4<sup>th</sup> Dan)  
Great Britain Adult Knockdown Coach, Three-time British  
Knockdown Champion, Diamond Cup Champion



Shihan Wai Cheung (5<sup>th</sup> Dan)  
Great Britain U18 Coach Multi-time British Open Finalist,  
Diamond Cup Champion



Senpai Leon Lund Regan (2nd Dan)  
Welsh U18 Coach, Two-time British Champion, KWU Bronze  
medalist



Summer Camp Officer  
Shihan Andrew Turner (6<sup>th</sup> Dan)  
BKK Executive Member, Head of the BKK Coaching Committee